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Attention Deficit Disorder, Dyslexia, Autism

Both children and adults with ADD/dyslexia that find limited benefit from stimulants (Ritalin, Dexedrine) may seek out alternative treatments. Our experience shows that several factors can contribute to this problem, including previous antibiotic use causing negative effects on intestinal flora, with bacterial and yeast overgrowth creating a leaky gut that transports toxins from the gut into the blood where there can be negative effects on mood, memory, attention span, and hormonal balance. Dairy proteins have been shown to trigger brain injury, and we often find that ADD patients have excesses of sugar in their diet. Chinese herbal medicines can regulate brain function and improve mental performance, while clearing the intestine of toxins without side effects.

Preliminary study of traditional Chinese medicine treatment of minimal brain dysfunction: analysis of 100 cases Zhang H, Huang J Affiliated Hospital of Guangzhou College of TCM. Chung Hsi I Chieh Ho Tsa Chih 1990 May;10(5):278-9, 260

This paper reports the clinical treatment of 100 patients with minimal brain dysfunction (MBD), their age ranged from 7-14.2 years, and the average age was 10.5. Patients were divided into TCM and WM group randomly. The TCM group (80 cases) were treated with the therapy of subduing hyperactivity of the Liver and invigorating the function of the Spleen by using: Bupleurum chinense, Scutellaria baicalensis, Astragalus membranaceus, Codonopsis pilosula, Ligustrum lucidum, Lophatherum gracile and thread of ivory. The WM group (20 cases) were treated with Ritalin 5-15 mg twice daily. One course of treatment lasted one month, and effects were evaluated after 1-3 courses of treatment. The results were as follows: In the TCM group, 23 cases were cured (clinical symptom and sign disappeared, 10 IQ units were raised in their intelligence, abnormal electroencephalogram was recovered and there was no recurrence during the first six months after recovery). 46 cases were improved (clinical symptom and sign markedly improved, 4 IQ units raised in intelligence and electroencephalogram improved), and 11 cases ineffective. The effective rate was 86.25%. In the WM group, 6 cases were cured, 12 cases improved and 2 cases ineffective, the clinical effective rate being 90.0%. There was no significant difference between the two groups in this study, but, the side-effects of the TCM group was less than the WM group, and the TCM group had more beneficial effects to improve intelligence, enuresis and the black of orbits. The study showed that the Verbal Scale in Wechsler Intelligence Scale for children is one of the indications of diagnosis and evaluating of the curative effect of MBD.

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