

Roasted Salsa – Vegan - SOS

Prep Time: 10 minutes
Cook Time: 15 minutes

Yield: 3 cups
Serving Size: 10
Calories per serving: 14
Fat per serving: 0 grams

Ingredients

- 4 cloves garlic
- 1 medium onion, halved
- 3 large tomatoes
- 2 jalapeño peppers, sliced
- 1/3 cup fresh cilantro
- 3 tablespoons lime juice
- 1 pinch black pepper
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Instructions

1. Heat broiler with rack, and place in a layer garlic, onion, tomatoes, and jalapenos on a baking sheet. Broiled for about 7-8 minutes, until vegetables are tender.
2. Remove garlic skin and place all roasted vegetables in a food processor, mix until pureed.
3. Mix in jalapenos pepper, cilantro, lime juice and black pepper, until combined and serve.

Notes

Nutrition facts (per serving-1/3 cup): Calories: 14, from fat: 0, total fat: 0g, cholesterol: 0mg, sodium: 4mg, total carbohydrate: 3g, fiber: 1g, sugar: 0g, protein: 1g.