

Banana-Strawberry Sorbet- Vegan – SOS

Total Time: 5 minutes

Serving Size: 2

Calories per serving: 105

Fat per serving: 1 grams

Ingredients

- 1 frozen banana
- 2 cups frozen strawberries
- 6 ice cubes
- 1/4 cup Silk Unsweetened Original Almond milk
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Instructions

1. Combine all the ingredients in a blender, and blend on high power, until it is smooth and creamy.

Notes

Nutrition facts (per serving): Calories: 105, from fat: 3, total fat: 1g, cholesterol: 0mg, sodium: 20mg, total carbohydrate: 25g, fiber: 4g, sugar: 0g, protein: 2g.